

THE MONITOR NEWS

VOL. 2

MONITOR, ALBERTA, FRIDAY, FEBRUARY 9th, 1917.

NO. 11

The Pioneer Store

AGENTS FOR
Heintzman
Pianos and Organs

Victor Gramophones
and Records

Columbia Gramophones
and Records

Why invest in a poor Piano
when you can get *Ye Olde*
Heintzman Piano on \$10.00 per
month payments, or less
than 35 cents per day

A. J. Deadmarsh

The Pioneer Merchant

WE LEAD, WE NEVER FOLLOW.

CANADIAN PATRIOTIC FUND CREEK VALLEY DISTRICT

An Auction Sale and Dance will be held in the Creek
Valley Schoolhouse on Friday, March 9th, at 8 p. m.,
in aid of the above fund

Surely, we, who are benefiting so largely by the war and are following
our usual occupations in quietness and security, should give largely from
our prosperity for those, who, have in many cases, have lost their all,
solely that we may be safe. Think of the dozens of our own local "BRAVE
Boys" who are losing their lives and limbs for our good, so roll up with
your donations of Money: Jewelry: Horses: Cattle: Swine:
Poultry: Furniture: Eatables or Anything Saleable.

All donations thankfully received by any member of the
Committee:

Milo Melvin, Chairman	E. B. Purdy	A. Baxter
C. Connah, Sec-Treas	J. Horner	H. Mathews
Mrs. E. C. Melvin	Mrs. G. Hazen	H. Evans
Mrs. C. Harley	H. McCulloch	Sam Lewis

The Local Supply Co. Ltd.

Having purchased the business formerly
carried on by W. Ducklow, in Monitor, we will in
future conduct a general business, which will
consist of Groceries, Dry Goods, Boots & shoes.

Our system of buying and selling for Cash
will enable us to supply you with all Staple Goods
at the lowest possible price.

This is an enterprise of the local farmers

Give Us A Trial Order

If you are satisfied, tell others: If not, tell us

The
Local
Supply Co.
Ltd.



Monitor
Alta.

A meeting of the share holders
will be held in Monitor Monday
Feb. 12th, 1917, for the purpose
of electing five directors for the
year, and any other business
that may come before the meet-
ing. All Farmers of the dis-
trict are cordially invited.
Meeting to be opened at 7.30
p. m., sharp.

SOUNDING LAKE U. F. A.

Regular meeting of the U. F.
A. will be held in Horse Shoe
Schoolhouse on Wed. Feb. 14th,
at 2 p. m. Shares will be sold,
at this meeting, for the Farmers
Elevator.

British capture Grandecourt,
on Somme front.

United States making great
preparations in case war is de-
clared with Germany.

The liner California was sunk
by a submarine.

Town Council

REEVE
H. McKechnie
COUNCILLORS
A. J. Deadmarsh E. T. Stewart
W. S. McCulloch, Sec.-Treas.

CHURCH of ENGLAND.

REV. W. S. WICKENDEN, B.A., L.T.H.
PASTOR.

Sunday, February 11th. 3 p. m.
" " 18th. 11 a. m.
" " 25th. 3 p. m.

A hearty invitation to all services
Books provided.

United Lutheran Church

REV. H. T. ECKHART, M.A.
PASTOR

Service will be held on Sunday
February 11th in Compeer
11 a.m.

Sunday Services

Co-Operation:
Presbyterian and Methodist

Berryfield..... 11 a.m.
Ione..... 3 p.m.
Monitor..... 2 p.m.
Monitor Sunday School..... 12 a.m.
REV. J. L. WRIGHT

W. G. MacKENZIE

Barrister, Solicitor Notary Public
Money to Loan
MONITOR ALBERTA

Notary Public Conveyancing

W. S. McCULLOCH

Real Estate
Money to Loan Insurance
Monitor, Alberta

L. O. L. No. 2553

Meets on the second Tuesday in each
month. Visiting brethren always wel-
come.
MACK MACDONALD, H. McMORRIS,
W. M. R. S.

DR. LACKNER

DENTIST

Specialist in Crown and Bridge
Work
Watch for dates when he will
be in Monitor.

LICENSED AUCTIONEERS

NO SALE TOO LARGE AND
NONE TOO SMALL.
WE CAN SELL THE GOODS
Ducklow & Lay
Monitor Alta.

Mecklenburg Optician.

Dr. H. MECKLENBURG, the old
reliable graduate optician, who
has had 32 years experience, 12
years in Alberta

CONSULT HIM HERE

Edmonton office: 208, Williamses Bldg.
Phone 5225.

No agents.—Beware of impostors.

FISH

All kinds of Fresh Fish
in stock

Monitor Meat Market

Money in Livestock

Excellent Plan to Interest Farmers in Livestock Industry

It is generally recognized that although grain growing may produce immediate profits, the safe and sound basis of agriculture in Western Canada, as everywhere else, is stock-raising. Although herds grow rapidly after the first few years, it takes a little capital to make a proper start, and many farmers continue growing grain as their main industry because they do not feel able to wait the several years necessary before a herd of stock can be built up. To assist farmers in this predicament, and also incidentally to assist themselves through improved business conditions, men at certain points have organized to raise capital for the purchase of livestock, which is advanced to farmers with an opportunity to pay it back out of the proceeds. At Lethbridge, the organization has now placed 77 animals with settlers in that district, and the results show that farmers who took advantage of this opportunity are now making good money from the milk, cream, and natural increase which they are able to market. Their payments are being met regularly, and the livestock industry is being placed on a sound footing in the district.

A Determined Woman

Finally Found a Food That Helped Her

"When I first read of the remarkable effects of Grape-Nuts food, I determined to secure some," says a western woman. "At that time I was none kept in this town, but my husband ordered some from a commercial traveller. 'I had been greatly afflicted with sudden attacks of cramps, nausea, and vomiting. Tried all sorts of medicines and physicians, but obtained no temporary relief. As soon as I began to use Grape-Nuts the cramps disappeared and have never returned. 'My attacks of cramps and stomach were a little slower to yield, but by continuing the food, that trouble has disappeared entirely. I am today perfectly well, can eat anything and everything I wish, without paying the penalty that I used to. We would not keep house without Grape-Nuts. 'My husband was so delighted with the benefits I received that he has been recommending Grape-Nuts to his customers and has built up a very large trade on the food. He sells it to many of the leading physicians of the country, who recommend Grape-Nuts very generally. There is some satisfaction in using a really scientific product like Grape-Nuts. 'The doctor's name given by Canadian Post Co., Windsor, Ont. 'Ever read the above letter? A new one appears from time to time. True, it is genuine, true and full of human interest.

Agricultural Education

So popular has the course in practical agriculture become that the demand for admission into Alberta government schools of agriculture promises to exceed the accommodation. There are at present three of these schools, located at Vermilion, Okla. and Chatham, N. B. Farmers' boys and girls may attend the schools during the winter months at a very nominal cost, and are given practical instruction in many matters of great value to them in their farm life. The boys are taught carpenter work, blacksmithing, soil and seed selection, detection of noxious weeds and how to eradicate them, the use and care of farm implements, gasoline engines, etc., and a general knowledge of livestock, dairying and all branches of husbandry. The girls are instructed in domestic science, cooking, sewing, household management, and kindred subjects. The object of the schools is not to turn out professors of agriculture (the work is reserved for agricultural colleges), but to fit boys and girls to be farmers and farmwives.

HOW'S THIS?

We offer One Hundred Dollars reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure. F. J. CHENEY & CO., Toledo, O. We, the undersigned, have known F. J. Cheney for the last 15 years, and believe him perfectly honest in all business transactions and financially able to carry out any obligations made by him. NATIONAL BANK OF COMMERCE, Toledo, O. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Testimonials sent free. Price 75 cents per bottle. Sold by all druggists. Take Hall's Family Pills for constipation.

"What have I done that you vote last election?" "Do I have to tell?" asked Farmer Courtess. "Not if you don't want to."

"Well, I should have kept it a secret. The fellows that I vote for always turn out to be such disappointments that the first thing I know there ain't going to be no demand for my vote whatever."

The Oil For the Athlete—In rubbing down the athlete's muscles with this oil, the athlete is made to feel better and stronger. It renders the muscles and sinews pliable, takes the soreness out of them and strengthens them. For strains that may be put upon them, it stands pre-eminent for the purpose and athletes who for years have been using it can testify to its value as a lubricant.

Musical Genius "Your daughter seems to be an accomplished musician."

"Yes, indeed; she can play any sort of a one-stop her friends want to dance."—Detroit Free Press.

Says Simon Sink, "I do not think I could much stouter be, Old Dutch you know, A healthy glow Has always given me."



Old Dutch Cleanser

MADE IN CANADA

Prohibition Spreads

North Carolina went dry a few days ago. It was the nineteenth state to endorse prohibition. The others are: Washington, Oregon, Idaho, Arizona, Colorado, Kansas, Oklahoma, North Dakota, Tennessee, Arkansas, Alabama, Georgia, North Carolina, Virginia, West Virginia, Maine, Mississippi and South Carolina.

Minard's Liniment Co., Limited.

Dear Sirs,—I can recommend MINARD'S LINIMENT for Rheumatism and Sprains, as I have used it for both with excellent results.

Yours truly,
T. J. LAVERS,
St. John.

Artist's wife (during quarrel)—You were quite obscure before I married you.

Artist—You didn't have any trouble in finding me.

Edith—Miss Oldgirl says she has just reached the marriageable age.

Mattie—You don't say! I wonder what delayed her.

Indians Will Not Starve This Winter

Reports received by the department of Indian affairs from its various agencies in the north and west indicate that the Indians may be expected to pass the coming winter with as little degree of hardships as possible under the circumstances of decreased demand for fur trapping.

Last winter some assistance was given to the Indians in the north to secure provisions and traps to catch food, this being rendered necessary on account of the fact that the fur trading companies did not make the usual advances for the winter trapping.

Reports are to the effect that food is very plentiful this fall, and that there will be no fear of hardship from starvation to those who desire to trap for food purposes.

Work is also said to be assured in many localities to all industrious and able-bodied men.

When Holloway's Corn Cure is applied to a corn or wart it kills the roots and the callosity comes out without injury to the flesh.

Shell Game Mrs. Greene—Here's a most interesting article, Ezra, entitled, "The Money Question in a Nutshell."

Ezra Greene—I know all 'bout it, Hannah; the pea ain't there at all when you pick the shell up, darra en!



Delicious with Blanc Mange

Have you never tried "Crown Brand" with Blanc Mange and other Corn Starch puddings? They seem to blend perfectly—each improves the other—together, they make simple, inexpensive desserts, that everyone says are "simply delicious".

EDWARDSBURG "CROWN BRAND" CORN SYRUP

is ready to serve over all kinds of Puddings—makes a new and attractive dish of such an old favorite as Baked Apples—is far cheaper than butter or preserves when spread on bread—and is best for Candy-making.

ASK YOUR GROCER—in 2, 5, 10 AND 20 LB. TINS.

THE CANADA STARCH CO., LIMITED
Head Office - Montreal

WANTED

In every town in Manitoba, Saskatchewan and Alberta

AN ACTIVE, HONEST SALESMAN

Apply to District Offices of

THE EXCELSIOR LIFE INSURANCE CO.

At Winnipeg, Regina, Saskatoon, Calgary and Edmonton

ENLIST NOW With the army of satisfied Shippers who ship Grain to

PETER JANSEN COMPANY, LIMITED

COMMISSION MERCHANTS. HIGHEST PRICES—BEST GRADES

Make bills of lading read Peter Jansen Co., Ltd., Port William or Port Arthur, notify Peter Jansen Co., Ltd., Winnipeg

Irrigation Farmer Gets Big Crop Robert Comer, one of the Colorado irrigationists who settled near Lasano a year ago last spring, has good reason to congratulate himself upon his decision to take up irrigated land in Southern Alberta. He has just threshed 70 acres of wheat which yielded an average of 54 bushels to the acre. Five acres of wheat grown on land that was planted to potatoes a year ago yielded an average of 20 bushels per acre. All of this land had been fall irrigated.

Minard's Liniment for sale everywhere.

A Poser Precocious Offspring—Pa, may I ask just one more question? Patient Father—Yes, my son. Just one more.

Precocious Offspring—Well, then, pa, how is it that the night falls, but it's only the day that breaks?

Inappropriate Costume "I think you'd better keep quiet, and people will cover our quarrels with the cloak of charity."

"I don't approve of the cloak of charity worn with spats beneath."

WOMEN FROM 45 TO 55 TESTIFY

To the Merit of Lydia E. Pinkham's Vegetable Compound during Change of Life.

Westbrook, Me.—"I was passing through the Change of Life and had pains in my back and side and was so weak I could hardly do my housework."

"I have taken Lydia E. Pinkham's Vegetable Compound and it has done me a lot of good. I will recommend your medicine to my friends and give you permission to publish my testimonial."

—Mrs. LAWRENCE MARTIN, 12 King St., Westbrook, Maine.

Manston, Wis.—"At the Change of Life I suffered with pains in my back and joints until I could not stand. I also had night-sweats so that the sheets would be wet. I tried other medicines but got no relief. After taking one bottle of Lydia E. Pinkham's Vegetable Compound I began to improve and I continued its use for six months. The pains left me, the night-sweats and hot flashes grew less, and in one year I was a different woman. I know I have to thank you for my continued good health ever since."

—Mrs. M. J. BROWNELL, Manston, Wis.

The success of Lydia E. Pinkham's Vegetable Compound, made from roots and herbs, is unparalleled in such cases.

If you want special advice write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass. Your letter will be opened, read and answered by a woman, and held in strict confidence.

W. N. U. 1078



Make Monday Ironing Day

LET Sunlight Soap do your washing Monday morning and you can do the light ironing Monday afternoon.

The rub, rub, rub at the board has no place in the Sunlight way—with the hardest part of washing cut out you'll feel like making it a good day's work by doing at least part of the ironing.

Follow the directions that cut your work in half and remember there's nothing in Sunlight to injure fine fabric or dainty hand. A \$5.00 guarantee backs this statement.

Sunlight Soap

5c.

A BAR

All grocers sell and recommend it

The Monitor News

PUBLISHED EVERY FRIDAY

W. S. McCULLOCH
Editor and Publisher

Subscription Rates

Canada \$1.00 per year. Foreign \$1.50
per year in advance.

Advertising Rates

For Sale, Lost and Strayed—Not
exceeding one inch space, 50c for first
insertion, or 3 for \$1.00.Transient advertisements—50 cents
per inch, in advance.All changes of advertisements must
reach this office by Tuesday noon.

FRIDAY, FEBRUARY the 9th, 1917

Note and Comment

Your morals try to raise,
Your constant growling chuck;
Better to mend your ways
Than 'tis to darn your luck.

Do you hear anyone kicking
about the high cost of pleasure?
Only the morning after, as a
rule.

We wish to apologize to Mrs.
Orlando Overlook. In our last
week's paper we had as a head-
ing, "Mrs. Overlook's Big Feet."
The word we had ought to
have used is a French word,
pronounced the same way, but
spelled "fete." It means a cele-
bration, and is considered a
very tony word.
—Williamsville, N. D., Item.

Germany insists that she is
fighting for the small nations.
She can prove it, too. She has
got Belgium, Serbia, Montenegro
and Rumania already.

The fact that we enjoy the
liberty of the oceans is entirely
due to the ungrudging self-
sacrifice on the part of our sea-
men. They are the men who,
in the face of great difficulties
and terrible dangers, success-
fully fought for us, and won, by
sheer grit, the mastery of the
seas. Naturally this was fol-
lowed by conquest after con-
quest on land, thus gradually
bringing into being the British
Empire as we know it today.

Now, the men who did all
this were not super-human, far
from it. They were drawn
from plain every-day people,
such as one is accustomed to
converse with any day. Young
men often imagine service in
the Navy to be something
especially trying and difficult.

It is not so. Any young fel-
low with average brains can
and would make good after a
normal period of training.

Once having tasted the ro-
mance of sea life, he would
never give up his interest in
its varied occupations.

Even the best of jelly will
tremble before company.

Time is money; and a fair ex-
change is no robbery.

Your Stationery

is your silent representative
If you sell fine goods that
are up-to-date in style and
of superior quality it ought
to be reflected in your print-
ing. We produce the kind
that you will not be ashamed
to have represent you.
That is the only kind it pays
to send out. Send your
orders to this office.

The cry against national ser-
vice because it savors of com-
pulsion is ridiculous, when the
same men have been compul-
sionists all their lives.

What are the basic principles
of trades unionism but compul-
sion? Let a mechanic come in-
to a city to work in a well or-
ganized trade and endeavor to
secure a job; these very same
anti-compulsionists, these "be-
lievers in democracy," would
say to him; "You will have to
join the union, pay your initia-
tion fee and first month's dues
or you can't work here." And
they would enforce it, too. Yes
these are the men that now
rant about "freedom of the in-
dividual."

The Labor News believes, in
a measure, in the conscription
of wealth, profits and utilities
necessary for war purposes; but
the cry just now by anti-nation-
al-servicists and anti-compul-
sionists is sheer hypocrisy—
just drawing a herring across
the trail. What has the en-
forcement of one principle to do
with the introduction of an-
other? If compulsion was right
all these years, and trade-union-
ists compelled men to join the
union or metaphorically starve,
why isn't compulsion in other
spheres just as much right?

The introduction of the "con-
scription of wealth" is just an
excuse to becloud the issue.

One of the outstanding fea-
tures of the whole affair is that
with but few exceptions the
conscientious objectors among
trade union officials are all good
big, husky guys, physically fit
and of military age. We wonder
whether this has anything to
do with their "conscience" at
this particular time?

—Labor News.

Recruits are now being asked
for by the Royal Naval Cana-
dian Volunteer Reserve, for
service on Canadian Coast Pa-
trols. This Corps was the first
unit called out for active ser-
vice in the Dominion of Canada.

All British subjects (except
those of enemy blood) are el-
igible for enlistment. The pay
is \$1.05 per day for Ordinary
Seamen, \$1.10 per day for Able
Seamen. Separation allowance
\$20.00 per month. Hundreds of
men are wanted. Call at the
Naval Recruiting Offices in Cal-
gary, Edmonton or Red Deer.

An extensive Patrol System
is needed on both coasts.

We have placed order for a carload of
Ford Touring Cars and have two still un-
sold. Book your order now and get prompt
delivery for spring. We are informed by
Calgary Branch that cars will be hard to get
delivery of before summer.

Your neighbor is getting one; why don't
you? If you have not received a copy of
"Ford Times", the snappy little magazine
devoted to Ford Cars and their owners, call
in and we will see that you are put on our
mailing list.

Monitor Garage

L. R. Beebe

I have now a full range of
harness on hand.

Anyone needing Harness or
Horse requisites will do well to
look over my stock. There is
nothing more sure than that the
price of Harness will take a big
jump, either this month or next,
as the result of the abnormal ad-
vance in the price of leather and
all raw materials needed.

Practically all the large manufacturers
have to go to the tanneries to renew con-
tracts this month, and I am told on good
authority, that there will be an increase of
at least 18c per lb on last contract in Sept.

It is therefore easily seen what a dif-
ference this will make on a set of harness.

I, personally, expect to see harness ad-
vance 25% this summer.

Now, you all know what my prices were
last Spring; they will be practically the same
this Spring as long as Stock on hand lasts.

I have a large and varied stock of

Breeching Harness,	Harness, less breeching
Carriage Harness	Hame Straps, Halters
Single Buggy Harness	Breast Straps, Hames
Democrat Harness	Brushes, Curry Combs
Collars, Martingales	Sweat Pads, Lines
Snaps and all Harness Hardware	

Owing to the uncertainty of the
leather situation, my terms must
be Strictly Cash. Please note
this and do not ask for time.

Yours,
J. Hamer.



Here are the Self Starters
—innocent looking typewriter
keys—that force an automatic
speed gain of 15% to 25% on or-
dinary correspondence.

A built-in part of the new

SELF STARTING REMINGTON TYPEWRITER

Grand Prize—Panama-Pacific Exposition

You must see this time saving
invention for yourself. Let us dem-
onstrate it in your office—on your own
work, or send for literature today.
Write, or 'phone

REMINGTON TYPEWRITER COMPANY
(Limited)

110-6th, Ave., W., Odd Fellows' Bldg., Calgary, Alta.

Star Restaurant

Charlie Yee, Prop.

Board and Rooms

Meals at all Hours

Fruit, Cigars and
Soft Drinks

Delicious with Blanc Mange

Have you ever tried "Crown Brand" with Blanc Mange and other Corn Starch Puddings? They seem to blend perfectly—each improves the other—together, they make simple, inexpensive desserts, that everyone says are "simply delicious."

EDWARDSBURG "CROWN BRAND" CORN SYRUP

is ready to serve over all kinds of Puddings—makes a new and attractive dish of such an old favorite as Baked Apples—is far cheaper than butter or preserves when spread on bread—and is best for Candy-making.

ASK YOUR GROCER IN 2, 5, 10 AND 20 LB. TINS.

THE CANADA STARCH CO. LIMITED
Head Office - Montreal

WANTED

In every town in Manitoba, Saskatchewan and Alberta
AN ACTIVE, HONEST SALESMAN
Apply to District Offices of
THE EXCELSIOR LIFE INSURANCE CO.
At Winnipeg, Regina, Saskatoon, Calgary and Edmonton

ENLIST NOW With the army of satisfied Shippers who ship Grain to
PETER JANSEN COMPANY, LIMITED
COMMISSION MERCHANTS HIGHEST PRICES BEST GRADES
Make bids of tiding road Peter Jansen Co., Ltd., Port William or Port Arthur, notify Peter Jansen Co., Ltd., Winnipeg

Irrigation Farmer Gets Big Crop
Robert Comer, one of the Colorado irrigationists who settled near Basano a year ago last spring, has good reason to congratulate himself upon his decision to take up irrigated land in Southern Alberta. He has just threshed 12 acres of wheat which yielded an average of 54 bushels to the acre. Five acres of wheat grown on land that was planted to potatoes a year ago yielded an average of 60 bushels per acre. All of this land had been fall irrigated.

Minard's Liniment for sale everywhere.

A Poser
Precocious Offspring—Pa. may I ask you one more question?
Patient Peter—Yes, my son. Just one more.
Precocious Offspring—Well, then, pa, how is it that the night falls, but it's only the day that breaks?

Inappropriate Costume
"I think you'd better keep quiet, and people will pay no notice with the cloak of charity."
"I don't approve of the cloak of charity worn with spats beneath."

WOMEN FROM 45 to 55 TESTIFY

To the Merit of Lydia E. Pinkham's Vegetable Compound during Change of Life.

Westbrook, Me.—"I was passing through the Change of Life and had pains in my back and side and was so weak I could hardly do my housework. I have taken Lydia E. Pinkham's Vegetable Compound and it has done me a lot of good. I will recommend your medicine to my friends and give you permission to publish my testimonial."—Mrs. LAWRENCE MARTIN, 12 King St., Westbrook, Maine.

Manston, Wis.—"At the Change of Life I suffered with pains in my back and loins until I could not stand. I also had night-sweats so that the sheets would be wet. I tried other medicine but got no relief. After taking one bottle of Lydia E. Pinkham's Vegetable Compound I began to improve and I continued its use for six months. The pains left me, the night-sweats and hot flashes grew less, and in one year I was a different woman. I know I have to thank you for my continued good health ever since."—Mrs. M. J. BROWNELL, Manston, Wis.

The success of Lydia E. Pinkham's Vegetable Compound, made from roots and herbs, is unparalleled in such cases. If you want special advice write to Lydia E. Pinkham Medicine Co. (Confidential) Lynn, Mass. Your letter will be opened, read and answered by a woman, and held in strict confidence.

W. N. U. 1076

Money in Livestock

Excellent Plan to Interest Farmers in Livestock Industry

It is generally recognized that although grain growing may produce immediate profits, the safe and sound basis of agriculture in Western Canada, as everywhere else, is stock-raising. Although herds grow rapidly after the first few years, it takes a little capital to make a proper start, and many farmers continue growing grain as their main industry because they do not feel able to wait the several years necessary before a herd of stock can be built up. To assist farmers in this predicament, and also incidentally to assist themselves through improved business conditions, business men at certain points have organized to raise capital for the purchase of livestock, which is advanced to farmers with an opportunity to pay it back out of the proceeds. At Lethbridge, the organization has now placed 75 animals with settlers in that district, and the results show that farmers who took advantage of this opportunity are now making good money from the milk, cream, and natural increase which they are able to market. Their payments are being met regularly, and the livestock industry is being placed on a sound footing in the district.

A Determined Woman

Finally Found a Feed That Helped Her

"When I first read of the remarks about Grape-Nuts as a food, I determined to secure some," says a western woman. "At that time there was none left in this town, but my husband ordered some from a commercial traveller."

"I had been greatly afflicted with sudden attacks of cramps, nausea and vomiting. Tried all sorts of remedies and physicians, but obtained only temporary relief. As soon as I began to use Grape-Nuts the cramps disappeared and have never returned."

"My old attacks of sick stomach were a little easier to yield, but continuing the food, that trouble has disappeared entirely. I am today perfectly well, can eat anything and everything I wish, without paying the penalty that I used to. We would not keep house without Grape-Nuts."

"My husband was so delighted with the benefits I received that he has been recommending Grape-Nuts to his customers and has built up a very large trade on it. He sells it to many of the leading physicians of the county, who recommend Grape-Nuts very generally. There is some satisfaction in using a really healthfully prepared food." "There's a Reason."

Name given by Canadian Postum Co., Winnipeg.

Ever read the above letter? A new one appears from time to time. They are genuine, true and full of human interest.

Agricultural Education

So popular has the course in practical agriculture become that the demand for admission into Alberta government schools of agriculture promises to exceed the accommodation. There are at present three district schools, located at Vermilion, Olds and Claresholm. Farmers' boys and girls may attend the schools during the winter months at a very nominal cost, and are given practical instruction in many matters of great value to them in their farm life. The boys are taught carpenter work, blacksmithing, soil and seed selection, detection of noxious weeds and how to eradicate them, the use and care of farm implements, gasoline engines, etc., and a general knowledge of livestock, dairying, and all branches of husbandry. The girls are instructed in domestic science, cooking, sewing, household management, and kindred subjects. The object of the schools is not to turn out professors of agriculture, but to give the boys and girls to be farmers and farm wives.

HOW'S THIS?

We offer One Hundred Dollars reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.

P. J. CHENEY & CO., Toledo, O. We, the undersigned, have known P. J. Cheney for the last 15 years and have seen him perfectly honest in all business transactions and financially able to carry out any obligations made by him.

NATIONAL BANK OF COMMERCE, Toledo, O. Hall's Catarrh Cure is taken internally, acting directly upon the blood and curing all varieties of the system. Testimonials can be found in all druggists' catalogs. Beware of cheap imitations.

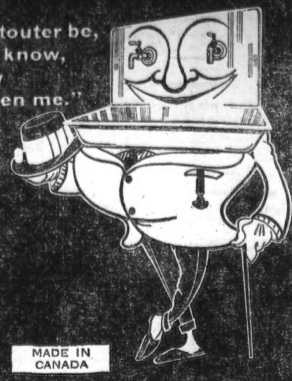
"What a lot of you vote last election?" "Have to tell?" asked Farmer Corbush.

"Not if you don't want to." "Well, I'd rather keep it a secret. The fellow that is so much disappointed that the first thing I know there's a gold mine in a demand for my vote whatever."

The Oil For the Athlete.—In publishing, the athlete can find nothing finer than Dr. Thomas' Ecodrin Oil. It renders the muscles and sinews pliable, takes the soreness out of them and strengthens the muscles so that they may be put upon them. It stands pre-eminent for this purpose and athletes who for years have been using it can testify to its value as a lubricant.

Musical Genius
"Your daughter seems to be an accomplished musician." "Yes, indeed; she can play any sort of a one-step her friends want to dance."—Lancet Free Press.

Says Simon Sink.
"I do not think I could much stouter be, Old Dutch you know, A healthy glow Has always given me."



Prohibition Spreads

North Dakota went dry a few days ago. It was the nineteenth state to endorse prohibition. The others are: Washington, Oregon, Idaho, Arizona, Colorado, Kansas, Oklahoma, North Dakota, Tennessee, Arkansas, Alabama, Georgia, North Carolina, Virginia, West Virginia, Maine, Mississippi and South Carolina.

Minard's Liniment Co., Limited.

Dear Sirs, I can recommend MINARD'S LINIMENT for Rheumatism and Sprains, as I have used it for both with excellent results.

Yours truly,
T. B. LAVERS,
St. John.

Artist's wife (during quarrel)—You were quite obscure before I married you.

Artist—You didn't have any trouble in finding me.

Edith—Miss Oideiri says she has just reached the marriageable age.

Marie—You don't say. I wonder what delayed her.

Indians Will Not Starve This Winter

Reports received by the department of Indian affairs from its various agencies in the north and west indicate that the Indians may be expected to pass the coming winter with as little degree of hardships as possible under the circumstances of decreased demand for fur trapping.

Last winter some assistance was given to the Indians in the north to secure provisions and traps to catch food, this being rendered necessary on account of the fact that the fur trading companies did not make the usual advances for the winter trapping.

Reports are to the effect that food is very plentiful this fall, and that there will be no fear of hardship from starvation to those who desire to trap for food purposes.

Work is also said to be assured in many localities to all industrious and able-bodied men.

When Holloway's Corn Cure is applied to a corn or wart it kills the roots and the callosity comes out without injury to the flesh.

Shell Game
Mrs. Greene—Here's a most interesting article, Ezra, entitled "This Money Question in a Nutshell."

Ezra Greene—I know all 'bout it, Hannah, the peck at there at when ye pick the shell up, darra em!



Make Monday Ironing Day

LET Sunlight Soap do your washing Monday morning and you can do the light ironing Monday afternoon.

The rub, rub, rub at the board has no place in the Sunlight way—so with the hardest part of washing cut out you'll feel like making it a good day's work by doing at least part of the ironing.

Follow the directions that cut your work in half and remember there's nothing in Sunlight to injure fine fabric or dainty hand. A \$5,000 guarantee backs this statement.

Sunlight Soap

5c.
A BAR

All grocers sell and recommend it

The Post Office Department is in receipt of a cablegram from the British authorities stating that no parcels containing food-stuffs or articles of clothing should be forwarded in future from Canada for prisoners of war in Germany.

The British authorities represent that it is absolutely necessary that the above regulation should be complied with.

Therefore, on and after the 1st of February, 1917, the Post Office Department will refuse to accept any such parcels for prisoners of war in Germany.

The Department is advised by the English authorities that such parcels cannot be accepted for transmission to the prisoners, and could not get through.

The Canadian Red Cross Society through its London office undertakes that every Canadian prisoner shall receive adequate relief in food and clothing, sending one parcel every week to each prisoner. Therefore existing Organizations should continue their work of collecting funds to be sent to the Canadian Red Cross Society; and it is most desirable that they should not relax their efforts in this respect.

Persons desiring to have additional food or supplies sent to a Canadian prisoner should send money for that purpose to the Prisoners of War Dep't, Canadian Red Cross Society.

A letter containing a remittance and asking this department to send food or other articles to a prisoner of war should be addressed to the Prisoners of War Department, Canadian Red Cross Society, and should contain information in the following form:-

Number, Rank, Name, Batt., Contingent, name of prison camp in Germany.

The remittance should be in the form of a Post Office money order drawn in favor of the Prisoners of War Department, Canadian Red Cross Society, for the prisoner of war in question. Any person wishing to send a remittance direct to a prisoner of war may do so by means of a Post Office money order, which is issued free of commission. Instructions as to how to proceed can be obtained from Postmasters of Accounting Post Offices.

Parcels for prisoners of war containing articles which are not prohibited, may be sent fully addressed to the place of destination in the form above care of the department, London, England, to be forwarded after they have been censored.

Detailed regulations respecting communication with prisoners of war are being issued to the Postal Service generally, and full information may be obtained by making application to any Postmaster.

FARMERS' ELEVATOR

A meeting will be held in the Orange Hall, on Saturday Feb. 24th at 2 p. m., for the purpose of deciding what is to be done with the money collected last year towards an Agricultural Society. Shares will also be sold for the proposed Farmers' Elevator, to be erected in Montior. Every farmer should attend this meeting as the shares have to be sold and the returns received at the Head Office of

the Company before the 1st of April, 1917, so as to make our application good for this year.

Thos. Partridge
Secretary

THE FIGHT GOES ON

The fight goes on; though slower than men thought;
But still it goes; and Britain works her way,
With her great-hearted allies; unsullied, unbought,
Toward that true dawn which ushers freedom's day.

The fight goes on; but God demands of all
Heroic patience and heroic trust,
Never to swerve from that first bugle call
Which woke the hero in our patriot dust.

The fight goes on; though oft in darker hours
Faint hearts would compromise with freedom's foe;
But unto such, though traitor coward-ice cowers,
Each blood-drop of our slain ones answers No!

In this grim strife where Crime and Judgment meet,
And earth's great flags for freedom's cause unfurled,
Better go under in some dread defeat
Than compromise with what would crush the world.

—W. W. Campbell.

For The Sake Of The Men Who Fight, everybody is called upon to give with even a larger hand than a year ago.

All are asked to take an even greater share of the burden of service.

Statistics show

That for the first six months of 1916 there was a big increase in fire losses in Canada.

Your home or place of business may be included in the losses of the next six months.

Better have them insured at once and not run the risk of being left penniless, in case of a fire.

W. S. McCULLOCH
Insurance Agent

MONOR ROLL OF MONITOR VOLUNTEERS

Names of those who enlisted from this district:

Charley Crisp
Robert Livingston
J. L. O. Ford
Hugh McDonald
Harvey Johnson
Thomas Martin
Harry S. Johnson
Phillip Whitney.
J. Harvey.
D. S. King.
A. E. Walker.
W. A. Spencer.
S. Frazer,
Hyland
Collier
George Cutts
Walter Purdy
Fred Herity
Walt Beatson
R. Clark
J. A. Connah
Alvin Shannon
R. J. Harrison
Jas. A. McCulloch
Carl Goodman
Jack McTavish
J. O. Beesley
Alex Smith
John Osborne
Claude (Pat) Stewart
Gilbert Ryckman
Carl Filephnik
Ivan Fisher
J. Gillespie
Marion Smith
Jack Cross
Andy McNair
S. Robson
Bob. Edwards
George Palmer
Bill Palmer
J. S. Noad
Arlene Sinclair
A. Hennessey
F. H. Piper
Albert Deacon.
J. W. Moore
J. Cresswell
Jeff. W. Kay
N. R. Rogers
Jack Thelanko
Dave Connell
Ralph Connell
John Munson
Fred Lyons
Roy Anderson
Fred Deacon
Frank Deacon
L. C. Cunningham
Martin Plumb
Cecil W. Gardner
Jas. LaDuke

If any names have been left out please notify the News.

KEEP THE HOME FIRES BURNING WITH BRAZEAU COAL

How about a Set of Bob-Sleighs or a Cutter?

Five Roses Flour

Bran & Shorts

Chopping mill closed every Tuesday & Thursday

J. A. Hayes & Sons'

IMPLEMENTS : COAL : FLOUR

OUR MOTTO:—A square deal for a round dollar.

Pioneer Livery and Feed Stable

The Best Livery and Feed Stable
in the Village

Draying of all casses done at
Moderate Prices.

Mack MacDonald, : : Prop.

Manufacturers Life Insurance Co

¶ This old Established Company has abundance of Money to loan in this district at 8 per cent.

No restrictions as to distance from railway.

Inspector will be here next week and every two weeks after.

W. G. MacKenzie - Agent - Montior

Palace Amusement Parlor

Johnson Bros., Props.

Pocket Pool and Billiards

Smokers Supplies : Cigars, Tobaccos

SOFT DRINKS

Main St. : : Monitor

General Local News of The Town and District

Readers Can Make This Column
More Interesting By Informing
The Editor of Events Occur-
ing Hereabouts

Moving Pictures in the Orange
Hall, tonight, Friday.

Word has been received that
Mrs. John Crosswell had died, in
England. Mr. Crosswell is at
present in India, with his reg-
iment, having re-enlisted at the
beginning of the war.

Box Social and Dance in aid
of the Red Cross will be held in
Gregerson Schoolhouse on Fri.
Feb. 23rd. Everybody welcome.

H. McCarron has shipped sev-
eral cars of hogs, lately, and he
is loading another car on Tues-
day.

Regular meeting of the Ladies
Aid was held Wednesday at the
home of Mrs. W. S. McCulloch.

A fire on Wednesday morn-
ing, in Consort, destroyed the
Pool Hall, Real Estate Office
and Meiklejohn's General Store.

E. B. Purdy and S. Lewis re-
turned from Calgary on Satur-
day night.

Two of Monitor's soldier boys
returned home on Saturday.

Carl Goodman, who lost a leg
in one of the big battles, and
Palmer who was wounded.

Mrs. Duncan is spending a
few days in Wilkie.

Mrs. Willis arrived from Ire-
land recently, and is visiting
her daughter Mrs. J. Rutledge.

There was a good attendance
at the meeting of the Literary
Society on Tuesday.

Mr. and Mrs. L. R. Beebe re-
turned home on Tuesday, after
a few weeks visit in Montana.

There will be a meeting to-
morrow night for the purpose
of arranging for a Fair and
Sports Day.

BIDEFORD

Board of Trade

Minutes of previous meeting
read and approved as read.

First order of business was
choosing new name for town.

Letter from Mr. Welch was
read making the suggestion that
"Autoford" be the name.

J. McLeod-A. Kallman; That
suggestion be accepted. Mr.
Welch then asked for accept-
ance in writing. Letter from
the C. P. R. Natural Resources
was read asking for statistics as
to amount of labor required in
district, to enable them to place
returned soldiers. J. McLeod-
H. McKenzie; That pres. and sec.
fill in particulars and return.

Business of fire brigade was
brought up and Pres. appointed
Mr. Welch as committee of one
to enquire and submit prices
of apparatus. Discussion of
town well resulted in following
com. being appointed: Messrs

Now is the time to order your Machinery and Repairs, for spring

Monitor Cash Hardware

W. H. Olson, Prop.

Furniture Farm Implements
Undertaker Supplies, all sizes on hand

Everything at lowest possible prices
Walk a Block and Save Money

Agent for Government Telephones

Full line of Chinaware and Crockery

Today's Market Report

Wheat—No. 1 Northern.....	1.43
Wheat—No. 2 Northern.....	1.40
Wheat—No. 3 Northern.....	1.35
Wheat—No. 4 Northern.....	1.41
Wheat—No. 5 Northern.....	.87
Wheat—No. 6 Northern.....	.52
Wheat—Feed.....	.26
Flax.....	2.35
Oats No. 2 C. W.....	.41
Barley.....	.65

Watling, Walker and McLeod.

Mr. Welch addressed the meet-
ing on "Making the most of our
opportunities in settling up the
district and bundling on the
town." Meeting adjourned.

Mr. and Mrs. A. E. Richardson
were given a warm reception
here, on their return from their
honeymoon, before proceeding
to the ranch a few miles north
of town. Mr. Richardson is a
well known pioneer of the dis-
trict, and we extend to them
our best wishes.

McLeod Bros. have been ap-
pointed Ford Dealers for Bide-
ford district. A car of Fords is
expected in early in March.

A grand Masquerade Ball will
be held in the Wheat Sheaf
Schoolhouse on Feb. 14th.

Four handsome prizes award-
ed. Oh who is your lady friend?
Bring her along and have a
good time.

NOTICE

TO DANIEL SHANAHAN, late-
ly of Kirriemuir Alberta.

TAKE NOTICE that an action
has been commenced against you in
the Supreme Court of Alberta Judicial
District of Stettler by William Seaba
as plaintiff, wherein the plaintiff
claims the sum of \$267.00, with
interest thereon as from the 17th day
of January 1917 at the rate of 8% per
annum, and in default of payment for
sale or foreclosure of the North-east
Quarter of Section Three (3) in Town-
ship Thirty-four (34) Range Three (3)
West of the Fourth Meridian under a
certain mortgage executed by you in
his favour, and for other relief.

AND TAKE NOTICE that you
are required on or before the Third
(3rd) day of April 1917, to enter or
cause to be entered with the Clerk of
the said Court a statement of defence
or demand of notice in the said action,
otherwise judgement may be signed
and further proceedings had therein
without notice to you.

DATED at Castor Alberta this
31st day of January, 1917.

GEO. F. AUXIER of Castor Alberta
Solicitor for the Plaintiff.

APPROVED AS TO FORM:

"F. A. MORRISON"

L. J.

O. K. Livery Barn

Feed and Sale Stable

I aim to give every-
body a square deal.

Excellent Well
Water

H. E. ARTRESS PROP.
I solicit your trade

NOTICE

TO THE RATEPAYERS OF
THE R. M. OF STEWART
NO. 302

I have been instruct-
ed to make seizure on
all arrears of taxes
and those wishing to
save extra expense
must pay all arrears
at once, to me or to
the Sec-Treas.

LYNN WILTSE, Bailiff.



B. R. Cramer
AUCTIONEER

Sales Cried - - Terms Right
Satisfaction Guaranteed

Monitor Laundry

First Class Work
Guaranteed

Sam Lee : Prop.

January 1st, 1917

Beginning Jan. 1st, we are taking
bookings for the following goods &
guaranteeing price with delivery up
to April 1st. Call in and see us about it.

Plow Shares	Formaldehyde	Windmills
Barb Wire	Blue Stone	Engines
Woven Fence	Oils & Greases	Pumps
Belting	Lace Leather	Ammunition

We will take your order for John
Deere Machinery for 4 weeks at old
prices. After Jan. 20th prices go up
20 per cent.

U. F. A. requirements can
be filled by us.

L. R. Beebe Hardware Co.

J. HANSON
Contractor and Builder.

Plans and Specifications
Furnished.

All Work Guaranteed.

MONITOR : ALTA.

W. S. McCULLOCH

Issuer of

Marriage Licenses

MONITOR : ALTA.

Everybody's doing it.
Doing what? Going to

DORE'S

Blacksmith

Shop.

Horseshoeing and Plow
Work a Specialty.

All Work Guaranteed.

INSURANCE

Fire, Accident, Sickness
Automobile.

Agent for C. P. R. and Hudsons Bay
LANDS

Town Lots Real Estate

W. S. McCULLOCH MONITOR